

Intermediate Psychodramatic Bodywork® for Professionals

July 20-22, 2012
from 9:30 am - 5:00 pm daily
1040 West 17th Street, Costa Mesa, CA

This workshop combines two forms of psychotherapy: bodywork and psychodrama. The former involves safe touch to help individuals connect with the messages that are held in the body as pain, numbness and/or illness. In the latter, blocked spontaneity from earlier traumas is unblocked and re-integrated through dramatic action methods. Jean works with a skilled team of assistants who perform skits and demonstrations that help illustrate the theory. The atmosphere is relaxed and fun and fosters learning in an easy, natural manner.

The Intermediate Level Workshop focuses on:

- The 3 styles of blocking anger, sadness and fear
- Identifying the meridians in the body that relate to each blocking style
- Relating the blocking styles to various life traumas and the healing process
- Four basic headache patterns and how to work with them
- Introducing basic psychodramatic skills: role-playing, interviewing in roles, role reversal, doubling

Fee: \$485, if postmarked by June 20th; \$535 thereafter. Payment plans and credit card payments available.

Registration, Inquires & Accommodations: Call Jean Campbell at 310-909-9780, contact via email at actioninstitute@mac.com or visit www.theactioninstitute.com. For more information about Psychodramatic Bodywork®, visit www.youremotions.com.

Registration limited, so please register early.

Cancellation Policy: 4 weeks notice - 100% refund minus a \$25 administrative fee; 2 weeks notice - 50% credit towards further Action Institute workshops; THERE WILL BE NO REFUNDS OR CREDIT WITH FEWER THAN 2 WEEKS NOTICE.

Training Credits: 21 hours guaranteed for Psychodrama, CAADAC, CET, LPC's, CAS, California LCSW's and MFT's (PCE #3645).



Facilitator:

Jean Campbell, LCSW, CET III, TEP is a Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy, a Masters Level Certified Experiential Therapist and a Practitioner and Trainer of Psychodramatic

Bodywork®. Jean has worked in the substance abuse and mental health field for over 17 years and has trained clinicians on a national and international level. As Director of the Action Institute of California, she facilitates workshops and trainings in clinical, medical and business settings, using action to effect change on a mind, body and spiritual level.

Registration Form

Name _____

Address _____

Phone: _____ Email _____

Yes, I have therapeutic resources in place (*this is a requirement for attending the workshop*) _____ (signature)

Mail completed form to: Jean Campbell, Action Institute of California, P.O. Box 5055, Sherman Oaks, CA 91413. Enclose payment in the form of check or money order, payable to Action Institute of California.